

Brief Description of Activity:

“*Obesity Data Dissemination Program*” is designed for physicians, nurses and other health-care professionals involved in the care of women. Continuing Medical Education credit will be awarded to physicians who successfully complete this activity. Participation should take approximately 4 hours including the module presented live prior to the online modules. To complete this activity and receive credit, the participant should:

- Read the learning objectives
- Attend the live module
- Read and review the supporting materials and powerpoints for the 3 online modules
- Complete the post-test and evaluation form and submit online

Participants must receive a score of 75% or better to receive credit.

Be sure to complete the post-test and the evaluation form on or before June 30, 2009. After this date the activity will no longer be designated for credit.

A CME certificate will be mailed within 6-8 weeks. It is recommended that participants keep a copy of their completed materials until they receive their certificate.

For questions regarding CME credit, the post-test, or evaluation, please call Penn State Continuing Education at (717) 531-6483 or e-mail ContinuingEd@hmc.psu.edu. Please reference activity code J4020-09-Y.

List of Contributing Faculty and Credentials:

John J. Botti, MD

Carol S. Weisman, PhD

Sara A. Baker, MSW, LSW

Faculty Disclosure Information

Penn State College of Medicine is committed to offering CME programs that promote improvements or quality in health care and are developed free of the control of commercial interests. Reasonable efforts have been taken to ensure that our programs are balanced, independent, objective, scientific, and in compliance with regulatory requirements. Faculty and course directors have disclosed all relevant financial relationships with commercial companies, and Penn State has a process in place to resolve any conflict of interest. Disclosure of a relationship is not intended to suggest or condone bias, but is made to provide participants with information that might be of potential importance to their evaluation of this educational activity.

Dr. Botti, Dr. Weisman, and Ms. Baker have disclosed no financial interest/relationship with the manufacturer(s) of any commercial product(s).

Penn State College of Medicine staff involved in the planning of this activity has no financial relationships with any commercial interests relevant to this activity.

Unapproved/Investigational Uses of Products

Faculty members are required to inform the audience when they are discussing off-label or unapproved uses of devices or drugs. Devices or drugs that are still undergoing clinical trials are identified as such and should not be portrayed as standard, accepted therapy. Please consult full prescribing information before using any product mentioned in this activity. If using products in an investigational, off-label manner, it is the responsibility of the prescribing physician to monitor the medical literature to determine recommended dosages and uses of the drugs. Neither the publisher nor the sponsor promotes the use of any agent outside of approved labeling.

Disclaimers (if applicable):

The material is prepared based on a review of multiple sources of information but is not exhaustive of the subject matter. Therefore, healthcare professionals and other individuals should review and consider other publications and materials about the subject matter other than relying solely on the information contained in this material.

The information presented at this CME program represents the views and opinions of the individual presenters, and does not constitute the opinion or endorsement of, or promotion by, Penn State College of Medicine. Reasonable efforts have been made to present educational subject matter in a balanced, unbiased fashion and in compliance with regulatory requirements. Each participant must use his/her personal and professional judgment when considering further application of this information, particularly as it may relate to patient diagnostic or treatment decisions including, without limitation, FDA-approved uses and any off-label uses.

Purpose and Learning Objectives:

After completion of this activity, participants should be able to:

1. Define the relationship between pre-existing maternal obesity and adverse pregnancy outcomes.
2. Discuss the existence of overweight and obesity among reproductive age women in central Pennsylvania from the CePAWHS study, and the impact of interconception interventions on health behaviors among women at risk for adverse pregnancy outcomes related to overweight and obesity.
3. Discuss the existence of overweight and obesity among reproductive age women in central Pennsylvania from the CePAWHS study, and the impact of pre- and interconception interventions on health behaviors among women at risk for adverse pregnancy outcomes related to overweight and obesity

Credit Information:

AMA Category 1 Credit

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education. Penn State College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Penn State College of Medicine designates this educational activity for a maximum of 4 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Original release date: 1/1/09

Review/approval date: 1/1/09

Expiration date: No credit will be given after 6/30/09

Computer Hardware/Software

Computer with internet access, web browser software, and e-mail access.

Privacy Statement

Penn State Privacy Policy

Penn State is committed to on-line privacy and confidentiality. CME credit for the “**Obesity Data Dissemination Program**” is provided by Penn State Continuing Education. If you register for CME credit for this educational activity, personally identifiable information will come to Penn State College of Medicine, Continuing Education so that we can maintain records concerning credits we issue to you. We will not share any personally identifiable information. Penn State College of Medicine may use the information you provide on this site to contact you about your CME credit or other relevant educational activities provided through Penn State College of Medicine. For more information, contact ContinuingEd@hmc.psu.edu.

Our website logs the IP address of visitors to administer the site, regulate submission of tests and evaluation forms, and to diagnose problems with our server. IP addresses are not used to identify individuals.

The program sponsors will not intentionally share the contents of any e-mail with anyone other than our educational partners or website administrator, as appropriate. Due to the nature of electronic communications we cannot provide any assurances that the content of your e-mail or submitted information will not become known or accessible to third parties.

CONTENT-BASED POST-TEST

16 questions and an evaluation form of 14 questions

CME certificate requests cannot be processed without the posttest and evaluation form. Participants must receive a score of 75% or better to receive credit. Materials must be received by June 30, 2009. After this date, the activity will no longer be designated for credit. A CME certificate will be mailed within 6-8 weeks. It is recommended that you keep a copy of your completed materials until you receive your certificate. For questions, please call Penn State Continuing Education at 717-531-6483 or email ContinuingEd@hmc.psu.edu. Please reference activity code J4020-09-Y